

Sports Newsletter - January 2025

Dear Parents, Carers and children of The Willows,

Happy New Year. We have had a quiet month in January but have lots of things booked in for the next few months.

We did take the boys and girls football teams to Power League for the Utilia Cup. Both teams represented the school outstandingly. The girls played against mostly boys teams and came 7th out of 10 in their group and the boys came joint 2nd in the group losing in the quarter finals to Christ Church on penalties. They all made us extremely proud!

New for this month is Fitzy's adventure. We have interviewed Ellen about her climbing achievements, see her interview at the end of the newsletter.

Please continue to email me your out of school sporting successes -
ssmalley1@willowsprimary.com

Miss Smalley

Out of school sporting successes



Out of school sporting successes



Fitzy's adventures with our EYFS and KS1 children!



Fitzy's adventures with our EYFS and KS1 children!



This month we are interviewing Ellen about her climbing out of school activities.

Do you enjoy the activity?

Yes because it's challenging, because it makes me strong and it is fun.

How long have you been climbing?

3 years! Ellen is only in Year 2.

What do you do each week? Does it change?

I warm up and then does the safety preparation which are climbing shoes, a harness, a chalk bag and then all that gets checked by one of the instructors. Then I pick a wall and we choose an order and then we start climbing.

What do you enjoy the most about it?

The challenges, the challenging walls. Some of them are inverted and some of them have obstacles in the way.

Do you think it is a good sport/activity to do?

Yes, it keeps me fit! I feel proud when I've got to the top. When I get to the top of the hard walls I feel proud and I love abseiling down, it makes me feel like I am flying.

What's the best move that you have learnt?

Changing feet over, when one foot is on a hold and you have to quickly change your feet over to continue. A foot swap.

How often do you go to your club?

Every week on Sunday.

Have you made any new friends?

Yes lots. It's only a small group.

Do any of your family members do it with you?

No. They wish they did!

Where do you go?

Audley climbing centre.

