



Aiming High Newsletter

October 2026
(November activities)



In this issue

- Social media links to providers
- Get to know your provider
- FAQs
- Road map for bookings
- EEUQ Tips
- Useful dates for Aiming High sessions and PEGIS events
- Session overviews
- Activities outside of Aiming High and useful info

What's Coming Up

- Exciting November activities
- Don't forget, each child can book up to 2 sessions for the following month when bookings open. If places remain available, a third session for that month can be booked from the 15th of the current month (or the next working day).
- **November activities go live on EEUQ on Thursday 1st October**

Booking link

<https://eequ.org/stokeontrentaiminghigh>

Click the link to book into your choice of activities!



FIND OUR PROVIDERS ON SOCIAL MEDIA

Click on the links

Provider	Social Media Links				
Action For Children					
Active Stoke					
CEA					
Diamond Families					
Endorphins					
Family Focus					
Furry Friends					
Gather The Community					
LSC (formerly Bee Active)					
Neighbourly Helpers					
Our Space					
Peter Pan Centre					
Port Vale					
Project Indi					
Sportworks					
Staffordshire Wildlife Trust					
New Vic Borderlines					

Get To Know Your Provider

Action For Children After School Clubs



What are our After School Clubs?

Come and join us for fun, laughter and the chance to make new friends! School pick ups (via minibus) at:

Monday- Abbey Hill
Tuesday- Watermill
Thursday- Kemball

What to Expect

There's something for everyone!

Enjoy the indoor and outdoor play areas, get creative with exciting crafts, dig and build in the sandpit and enjoy a variety of fun games with friends.

November Themes

This November ...

Join us for some autumnal fun and seasonal crafts!

We will be celebrating **Bonfire Night** with exciting firework and bonfire inspired crafts.

Parents/carers say...
"Always seems happy when I collect him."

"Plays with new toys/games that he hasn't got at home."

"The boys are safe and have plenty of space to move around with lots to do."



FAQ'S



When will I know if I have a space on a session?

From the 11th of each month, providers will confirm on EEQU whether you have a place.

What do 'family sessions' mean?

Brothers and sisters (**without** additional needs) and parents/carers can attend 'family activities' eg 'Family Fun Day'.

How do I get a family ticket?

Select the 'sibling ticket' option for each sibling. Also select 'over 18' ticket for each parent/carer. If there's no option for sibling or over 18 ticket, then this isn't a family activity.

What if I need to cancel?

That's fine! Please make your cancellations through EEQU as soon as possible. This helps us to give the place to someone else, even if this is last minute.

What if I didn't book before 11th ?

It doesn't matter. Visit EEQU to see sessions still available.

What if I need EEQU in another language?

Simply change your Google settings to translate the listings into another language should you require this.

Still have a question?

If you have any questions, please feel free to contact the Aiming High email below:

Aiming.High@stoke.gov.uk

BOOKING YOUR AIMING HIGH PLACE



Create a log on for EEQU

Fill in the personal details for your child(ren), siblings and yourself. Make this as detailed as possible, particularly about their individual needs. Providers will use this information to ensure they can cater for your child(ren) safely.



Plan your session(s)

Look at what is available on EEQU. Check dates, times, where the sessions will be and SEND support on offer.

Contact providers through EEQU or direct if you have any questions.

Book your session(s)

Between 1st and 10th of each month, register your interest for sessions on EEQU.

Providers may ask for extra information or contact you to discuss individual needs.

After 15th of each month, book a third session if there are spaces.



Confirmation

On 11th of the month, providers will let you know on EEQU whether you have a place on their session.

Enjoy your sessions!

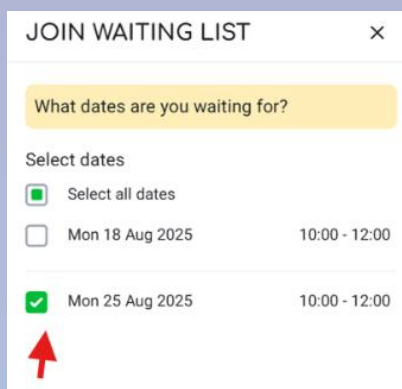
How To Use The Waiting List

You can join the waiting list for a fully booked block of dates or specific sold out dates, to be notified when a place becomes available.

Follow these steps:

1. If a block of dates is **FULLY BOOKED**, you'll see the green "**EMAIL ME WHEN AVAILABLE**" button. Select it.

2. Choose the **date(s)** you are waiting for and click '**NEXT**'



JOIN WAITING LIST

What dates are you waiting for?

Select dates

☒ Select all dates

☐ Mon 18 Aug 2025 10:00 - 12:00

☒ Mon 25 Aug 2025 10:00 - 12:00

↑

3. Select the **attendee(s)** and click '**NEXT**'



Who is waiting to attend?

Child attendees

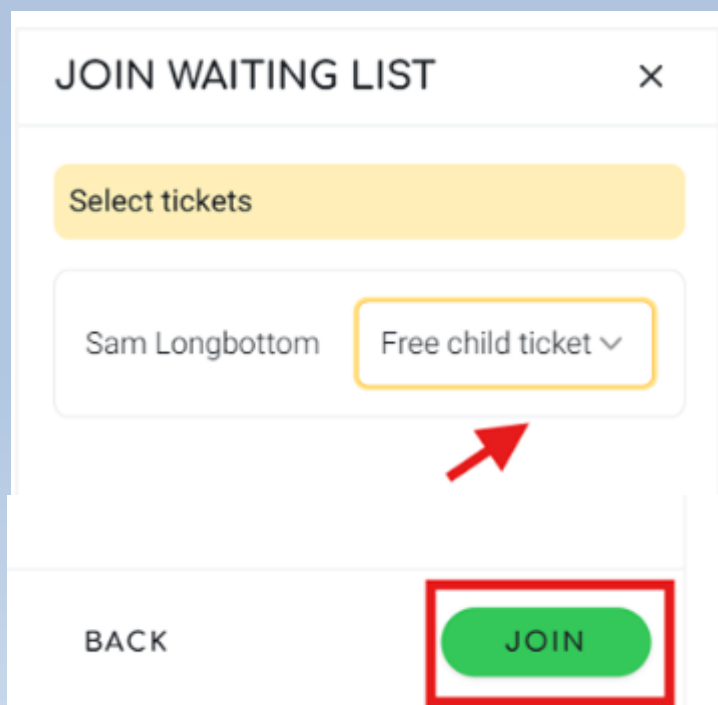
☐ Dan Longbottom 25/02/2020 [Edit profile](#)

☒ Sam Longbottom 20/05/2013 [Edit profile](#)

↑

[NEW CHILD ATTENDEE](#)

4. Select the **ticket(s)** and click '**JOIN**'



JOIN WAITING LIST

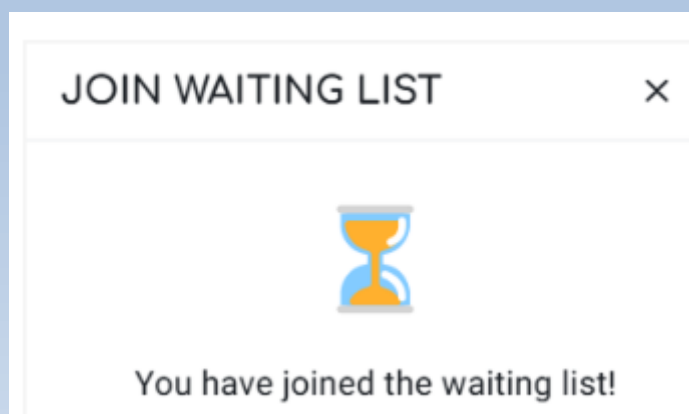
Select tickets

Sam Longbottom Free child ticket ▾

↑

BACK [JOIN](#)

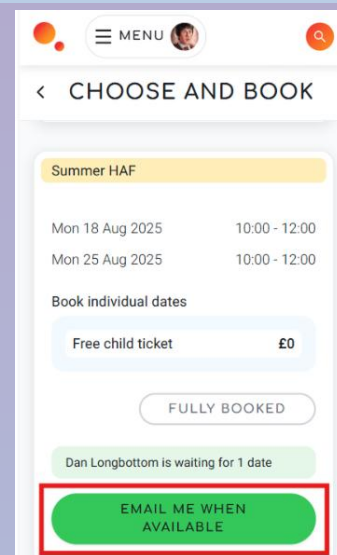
5. **That's it!** EEQU will email you if a place becomes available.



JOIN WAITING LIST



You have joined the waiting list!



CHOOSE AND BOOK

Summer HAF

Mon 18 Aug 2025 10:00 - 12:00

Mon 25 Aug 2025 10:00 - 12:00

Book individual dates

Free child ticket £0

FULLY BOOKED

Dan Longbottom is waiting for 1 date

[EMAIL ME WHEN AVAILABLE](#)

Please Cancel Your Place On EEQU

Even if it's last minute, it helps us offer places to other families who may be happy to attend at short notice - even if it's on the day of the activity.

In August, **115** booked places were not attended, which meant:

- Children and young people on waiting lists missed opportunities to take part.
- Providers prepared staff, resources and equipment for places that went unused.
- Valuable activity spaces could not be offered to other families.

Every cancellation helps. By releasing your place through EEQU, you give another family the chance to attend and help providers plan sessions more effectively.

♥ Thank you for helping us make every Aiming High place count.

Please contact the Aiming High team if you need any support using EEQU.

Aiming.High@stoke.gov.uk



Upcoming Opportunities To Shape Aiming High



**A Warm welcome from Our Stoke-On-Trent SEND Community
Please join us!**

**Support for all your
SEND queries**

SEND Community Lounge

**Every 3rd Thursday of the
month at Hazel Trees,
Fenton.**

Want to meet a variety of
professionals from health,
social care, education, other
parent/carers and local
services?

Come to this free open
session. Everybody is
welcome - just drop in!

**Got questions
about Aiming High?**

Aiming High Coffee Mornings

Please come and join us at
the Aiming High coffee
mornings that take place on
the **2nd Friday of every
month at Hazel Trees,
Fenton.**

Meet the Aiming High Team,
other parents, give us your
feedback and help to shape
the service.

For further information, please contact either:

PEGIS.stoke@hotmail.com

or

Aiming.High@stoke.gov.uk

What's on in November:

New Vic Borderlines

About Us:

WE ARE TAKING A SHORT BREAK THIS **NOVEMBER**
AS WE PREPARE FOR OUR IMMERSIVE "TALE TRAIL TO THE
BORROWERS" PERFORMANCE ! FOR MORE INFO GO TO :
WWW.NEWVICTHEATRE.ORG.UK

Autumn



**WE'LL
BE
BACK**

.. but first, have a look at
how much fun we had this
summer !!! We will need
your help again soon.

On the Playground Tickets, Multiple dates | Eventbrite

<https://share.google/YCcmgLfIT7gIZ9YGE>

The Borrowers (relaxed performance is available on 9 Jan 27, 2.15pm)

<https://www.newvictheatre.org.uk/productions/the-borrowers-2/>

"I don't want to leave, it's too good."

What's On In November With:



Staffordshire Wildlife Trust

"I enjoyed today. I learnt loads of new things."



Our aim is to protect and enhance wildlife and to promote understanding and enjoyment in the natural world through a series of fun and engaging activities for all ages across our nature reserves.

Weekend 'Wild in the Woods' Wildfamilies at Hem Heath Woods.

The session is delivered by qualified Forest School leaders and will follow ethos of the child-led exploration and activity direction.

Our Forest School leaders provide the activities and it is up to your young person how they engage with them.

We will have a range of wildplay equipment out to help you get truly 'wild in the woods' from hammocks, mud kitchen to even toasting a snack on the campfire.



A Staffordshire Wildlife parent/carer said:

'Wildlife Trust at Hem Heath is an amazing opportunity for SEN children and parents to get out in nature and have fun with no pressure.'

**NEW
VENUE!**

**FENTON MANOR
SPORTS COMPLEX**

City Road,
Stoke-on-Trent
ST4 2RR

MULTI-ACTIVITY SATURDAY CLUB SEND PROGRAMME

Sport, play and creative fun for
children and young people aged 6-14
with SEND. 



WHEN

**Saturdays
10am – 2pm**

**Next session:
Sat 3 October**



WHERE

**Fenton Manor
Sports Complex**

City Road,
Stoke-on-Trent
ST4 2RR



WHO

Ages 6-14

Children registered
with Aiming High



IT'S A SEND PROGRAMME

Designed to support
children and young people
with special educational
needs and disabilities.

SOMETHING FOR EVERY CHILD

- ✓ Structured sports and skill-building
- ✓ Fun, play-based games for younger children
- ✓ All equipment provided
- ✓ Calm, quiet and sensory spaces
- ✓ Creative activities
- ✓ Quieter play at your child's own pace

 **A safe, supportive
and inclusive
environment**

Places are limited!



BOOK YOUR FREE PLACE

Scan the QR code or search



SportWorks Saturday Club on **eequ.org**



For more information contact:
info@sportworksltd.co.uk



www.sportworksltd.co.uk



info@sportworksltd.co.uk



sportworks

What's On In November With:

"I wish I could
come every
day!"

Furry Friends Therapy

To stay updated with what's going on, please follow us on
Facebook - [FURRY FRIENDS THERAPY](#)



Animal Therapy and Forest School

Saturday Club

Come and join us every
Saturday, 10-1pm for a fun
packed morning.

- Animal Petting
- Pony Grooming
- Sensory Play
- Crafts
- Fun in the Forest

A child said: "its fun and I
feel safe here. Its also gives
me chance to talk about my
struggles and Jane helps me
to find new ways of coping."



What's On In
November With:



Active Stoke

About Us:

SEND swim sessions at
Dimensions and Fenton Manor.
Accessible and inclusive for the
whole family.

Please book tickets for everyone!
Make a splash together at our Family
Fun Swim Sessions! Feel confident,
safe and happy in the water.



- Accessible changing rooms
- Hoists and other specialist equipment
- Sensory bags
- Staff trained to support children and young people with SEND
- Quieter or adapted sessions to suit individual needs



To ensure the equipment is set up and ready to use, please notify the Leisure Centre reception before your visit. Please be aware that you will need to bring your own sling if you intend to use the hoist.

Parents/carers said: "My son had a great time at the session. The low numbers helped him to concentrate and not feel overwhelmed. The instructor was very helpful too, giving my son points on swimming techniques to help him."

What's On In November With:



Endorphins

"We can see positive progress in confidence, independence, social participation and the ability to access an activity away from the family home"

About Us:
Inclusive youth
groups for SEND
children

Saturday Sessions

Come along to our group sessions for SEND young people to have fun, make friends and flourish. Open to children or young people age 5-17 years old.

Designed for our young people to attend independently and provide a chance to socialise and make friends.

- Sensory science with slime making
- Arts and crafts
- Games for all abilities and more!

WHAT'S ON AT FAMILY FOCUS

•1:1 and 2:1 care Qualified to administer medication •Epilepsy trained •Secure environment •Accessible toilet

Session 1

Jumbo fun - Burn off some energy and have fun making new friends

Session 2

Swimming and Teen swim.
Gain confidence, have fun.
Make friends of a similar age.

Session 3

Inflato - Tackle the new obstacle course in the updated arena.

Session 4

Just Kidding - 0-12
Ideal for home educated children or those not accessing education

Session 5

Bowling - Try to get a Strike or a Spare whilst making new friends and memories.

Session 6

Ninja Warrior - Race through the tricky obstacle course, climb, jump, and swing to reach the finish.



Family Focus

What's On In November With: *Little Sport Coaching*

Little Sport
Coaching is the new
name for Bee Active

LSC



About Us:
A mix of sports for
all abilities



Multi-Sports Holiday Club

Sports and physical activities, including football, basketball, dodgeball, and cricket.

Our skill-building games promote teamwork, coordination, self-belief, confidence, and independence.

Children now benefit from access to specialist facilities, including sensory rooms, soft play, a sports hall, and outdoor play areas

Multi-Sports Sessions

Gain valuable experiences that build self-esteem and encourage leadership, decision-making, and problem-solving skills—preparing young people for future challenges.

**What's On In
November With:**



Diamond Families

*"The guinea pigs
are so cute, I love
feeding them and
stroking them"*



About Us

With a high adult to child ratio, we offer a calm, structured, experienced and welcoming environment.

Family Fun Days

Games, arts and crafts and interactions with our therapy animals. We have a horse, goats, sheep, donkeys, alpacas and lots of bunnies and guinea pigs.



Holiday Wellies

Be a farmer for the day at our safe, sensory-rich working farm.

*"We were able to
work with the
child's school as
she was EBSA
and support
reintegration
planning"*

Weekend Wellies

Enjoy lots of outdoor fun with games, arts and crafts.
We look forward to welcoming you.
Together we create sparkle!

Please contact:

Manager@diamond-families.org.uk
01785614426 or 07496672456



What's On In November With:

Gather The Community



About Us

A fun blend of fitness, games, arts and crafts in a safe, inclusive space at their own pace.

Arts and Crafts

Creative sessions based on painting, drawing, clay modelling and sensory art projects. Art projects around individuals' interests and the seasons

Play

Board games, sensory games, gaming fun and team building activities.

Active

Run, jump, play football or burn off energy!

“Our community is your community”

We have added more sensory items and a full size pool table along with a Pac Man machine. The children have really enjoyed the new additions to the venue and are also really enjoying going on the treadmill!

What's On In November with: Project Indi

PROJECT
INDI

About Us:

Championing
inclusion,
celebrating
diversity

"The weekly Kindi sessions have enabled the parents to have respite care and have time with their other children"

Kindi Junior

Seasonal activities
for children aged 5
to 10.

Kindi Senior

Seasonal activities for
children aged 11 to 17

See EEQU or our
website for details.

Kindi Famili

A fun-filled monthly event for
families, offering a
welcoming and inclusive
space to enjoy quality time
together and connect with
others.

See EEQU or our website for
details.

Community

Day trips such as Trentham
Gardens, Apple Tree Town
etc. See EEQU for details of
what's on this month.

Trampolining @ North Staffs Trampolining With Jump2It

Trampolining sessions, supported by three specialist coaches.



What's On In November With: *Neighbourly Helpers*

"Some of our young people who initially started the sessions that were shy, have come out of their shells and have been able to form friendships with the other young people."

About Us:
Small steps, big
independence

Chef Off!

A fun, hands-on baking session to learn new skills, explore ingredients, and create tasty treats.

With sessions limited to just eight children, every young chef gets plenty of support with sensory-friendly food fun.



Ready For Life Lab

A practical, confidence-building programme to help young people develop everyday skills for greater independence.

A calm, supportive environment to explore real-world tasks at their own pace, with plenty of encouragement, structure, and reassurance.

What's On In November With: Action For Children



About Us:

Our values are really important to us. In everything we do, we are:

Passionate, ambitious, collaborative, inclusive.

Come and join us – we look forward to meeting you!



Family Swim

A session for all family members to enjoy together at Jubilee 2.

Community Trips

Previous trips have included Gladstone Pottery, Hanley Park and Brampton Park.



Holiday Club

Come and join us for fun, laughter and the chance to make new friends. We have soft play, outdoor activities, arts and crafts and much, much more!

Saturday Club

Fun and exciting times with friends.

After School Clubs

We have identified schools where we will primarily pick up from on particular days.



'Sessions provide valuable respite, giving us time to rest, recharge and gain perspective while knowing our child is safe and well supported.'

What's On In November With: *Port Vale*



Match Days

Join us for a match day experience at Port Vale Football Club. We'll start the day with some activities then head down for an explore of the fanzone before cheering the lads on.

Teen Youth Club

Ages 12-17

Primary Youth Club

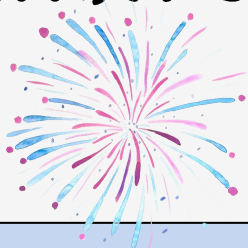
Ages 5-11

Join us for sports, activities, quizzes, pool, darts, making friends and meeting new people.





WHAT'S ON IN NOVEMBER WITH: Our Space



Social Group with places for 16 & 17 year olds

Our Social Group for adults runs every Wednesday evening. We have lots of fun activities such as table tennis, pool, karaoke, board games, jigsaws and crafts. Come along and have fun socialising with others.

Disco

Our monthly disco is a chance for 16 and 17 year olds to come along, meet other people and dance the night away!

Family sessions (0-5 year olds and siblings)

A monthly termtime session for younger children with SEND and their parents and carers.

Saturday afternoon family sessions

A chance for the whole family to come along on Saturday afternoons and use our facilities together, ride on bikes in our grounds, go on our swings or play in our soft play area.



Saturday morning family session

Come and spend time in our large, secure grounds. Try out our zip wire, ride on our trikes or come inside and do some craft activities.

Home Ed Session

For children with SEND who are not in school, come along with parents/carers, a chance to play and socialise with others.

One parent/carer said: "I haven't looked forward to the school holidays but now I've found Our Space, I feel like we can enjoy this free time together in a non-judgmental space."

Please note that this is additional to Aiming High and is **for siblings only**.

*Please contact Active Stoke for questions, not Aiming High.
See next page for booking link and further details.*

**Active
STOKE**

OCTOBER

HOLIDAY CLUB

**9AM-
3:30PM**

**5-11
YEAR OLDS**

**BOOK
NOW**

**FENTON
MANOR
SPORTS
COMPLEX**

AMAZING ACTIVITIES EVERY DAY

Swimming | Sports | Arts and Crafts
Inflatables | Gym | Halloween Disco

Thursday Day Trip to
Stanley Head Outdoor
Education Centre

PLAY
EXPLORE
MAKE FRIENDS



**FIND OUT
MORE TODAY**



T&Cs apply

**activestoke.co.uk
holidayclubs@stoke.gov.uk**

Active Stoke October Holiday Club

Bookings Now Open!

Looking for something active, fun and affordable for the October half-term?

Bookings are now open for the **Active Stoke October Holiday Club** at **Fenton Manor Sports Complex** for children aged **5–11 years**.

What to expect:

- Swimming sessions
- Sports and games
- Arts and crafts
- Inflatable fun
- Gym activities
- Halloween Disco
- Thursday trip to Stanley Head Outdoor Education Centre



October Half-Term



9:00am – 3:30pm



Fenton Manor Sports Complex

To express your interest and request a place, simply complete our online booking enquiry form by clicking the link below:



[Book your place](#)

Please note that completing the enquiry form does not automatically secure a place. A member of the Active Stoke team will contact you to confirm availability, take payment and finalise your booking.

Spaces are limited and expected to fill quickly-.

Please contact Fenton Manor for any queries, not Aiming High.

October half term

S.E.N.D. FAMILY FUN

for ages 0 - 18

Come along for family fun in a welcoming SEND-friendly environment at Fenton Manor.

-  Inflatables
-  Mobile Play
-  Games and activities



FENTON MANOR

- Monday 26 October | 9:30-11:30am or 12-2pm
- Friday 30 October | 9:30-11:30am

Dedicated session for children and young people with complex needs:
Friday 30 October | 12-2pm

To allow as many as possible to attend, bookings are limited to one session per family.

Scan the QR code to book your place



or find Family Play Oct half term on [eequ.org](https://www.eequ.org)



Healthy Start: Help with the Cost of Food and Vitamins

If you are pregnant or have a child under the age of 4, you may be able to get extra support through the NHS Healthy Start scheme.

Healthy Start is a government-funded initiative that helps eligible families buy healthy food and milk and provides free Healthy Start vitamins.

Families who qualify can receive:

£4.65 per week during pregnancy

£9.30 per week for children under 1 year old

£4.65 per week for children aged 1 to 4 years

If your application is successful, you will receive a Healthy Start prepaid card, which is topped up every four weeks. For full eligibility details and information on how to apply, please visit [How to apply – Get help to buy food and milk \(Healthy Start\)](#)

In Stoke-on-Trent, free Healthy Start vitamins are available to all pregnant women, regardless of whether they receive Healthy Start payments. Vitamins can be obtained from your:

- Midwife
- Health Visitor
- Local Family Hub



If you are more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.

Find out more at
www.healthystart.nhs.uk



WILD PLAY

Active
STOKE

THE WALLACE CENTRE
ABBEEY HULTON

1.30-3.30pm

Thursday 29th October

Wild painting
Mud kitchen
Make a rain charm
Play with clay
Undercover and in the rain!



Free event - suitable for
children up to 7 years
No need to book - just turn up

NATURE
CONNECT
CLUB



Photos will be
taken at this
event



City of
Stoke-on-Trent

Festival
STOKE

@festivalstoke
festivalstoke.co.uk